Sanum

Alkala N Powder

Administration form:	Powder
Preparation group:	Mineral & trace elements
Active ingredient:	sodium hydrogen carbonate, potassium hydrogen carbonate, sodium citrate
Composition:	150 g powder contain: 2.67 g sodium hydrogen carbonate x H2O, 13.40 g potassium hydrogen carbonate, 133.93 g sodium citrate.
Indication:	Alkalisation, acidosis of the stomach and the duodenum, heartburn, gastritis and ulcus ventriculi, liver and gallbladder troubles, repletion and flatulence, rheumatic diseases, chronic skin diseases and diseases of the respiratory and urogenital tract.
Characteristics:	Alkala® "N” is a base mixture, excellently suited for correction of the organism’s acid-base balance. Ideally this relation is balanced in the human being. Dislocations of the acid-base balance towards the acid range are nowadays more frequent due to our lifestyla and environmental conditions. The first typical symptoms for hyperacidity in the stomach and intestinal area are heartburn, acid regurgitation, flatulence, etc. Subsequently, hyperacidity is a typical accompanying symptom of chronic metabolic disorders which can result in degeneration of the cells.
Application:	Use enclosed spoon. Take one spoonful in the morning with a glass of water. If needed, take a second spoonful in the evening. Do not take more than two spoonfuls in a 24-hour period.

Side effects:	Frequently repletion and eructation. Long term use promotes the development of calcium and magnesium phosphate kidney stones.
Contraindications:	Anacidity of the stomach.
Adverse reactions:	None known.
Interactions with other remedies:	The absorption and excretion of weak acids and bases can be influenced through the increasing pH value in the stomach and urine. Functional interactions are possible with gluco- and mineralocorticoids, androgens and diuretics which increase the excretion of potassium.
Precautions:	As with all medications and due to the variations of clinical studies, professional medical advice should be sought prior to recommending this product to women during pregnancy or breastfeeding, as well as with children. Due to the risk of stomach rupture, Alkala® "N” should not be taken in cases of acid burn.
Advice:	In case of disturbed excretion (anuria, renal insufficiency) and "exsiccation" (exsiccosis through water deficiency) as well as in alcalosis Alkala® "N” should only be taken under medical advice.
Duration of treatment:	Dependent on the advice of the physician or health care professional.
How supplied:	The following dosage forms are available: Container with 150 g powder.